

## **FEES**

### **What do they cover?**

#### **Registration**

Each year we are required to register our students with the Calisthenics Association of SA (CASA).

This money covers:

- Insurance for each child
- Royalty Theatre Levy

We also use this money to help pay towards

- Insurance & Storage of our Costumes

As a club, we feel that it is important to help all our families, especially those with siblings doing our sport. This is why we offer a discounted rate for any subsequent child.

#### **Class fees**

These are based on an hourly rate. Teams practice anywhere between 1.0hrs – 2.5hrs therefore it is adjusted accordingly. Listed below is what we use the money for.

- Weekly Hall Hire
- Weekly Coaches Wages
- 2 x Extra Practices
- Competition Fees (May)
- Competition Fees (August)
- Extra Royalty Theatre Stage Practice – compulsory
- Lighting (if applicable)
- Hire of Royalty Theatre for “Midyear Concert” + Lighting
- Hire of Hall – Presentation Evening

## **Costume Account**

All teams are allocated a set fee for their costume account. (This is set by the Executive Committee). It varies between the age groups and we try to minimize any extra out of pocket expense.

### **Included in the fees:**

- Hire of Club Leotards
- Trim
- The cost of your “Fancy Dance” costume – which you get to keep
- Gift for student at competition time
- Props (stage decoration/DLP)
- Hair & Make up

### **What is NOT included?**

- Compulsory Bodysuit or Flesh Knickers
- Compulsory Seaview Polo Top
- Compulsory Seaview College Jacket & Pants
- Clubs or Rod (where applicable)
- Dance Shoes (where applicable)
- Competition DVD / USB
- Any other EXTRA practices organised by the Coach
- Any other EXTRA curricular activities e.g. Camp
- Sewing of trim or sequins on any costume – you may be able to find someone to do this at a cost to you.

If you have any further questions please speak to any of our friendly Executive Committee.

## **THINGS I NEED TO KNOW**

### **What should I wear each week?**

- Black Leotard with or without sleeves
- Flesh stockings or black tight leggings (if cold)
- Tight fitted black top or crossover / wrap (if cold)
- Hair in a ponytail or bun (Must be off the face)

### **What do I need to bring each week?**

- Clubs & Rod (excluding Tinies)
- Aesthetic skirt (if applicable)
- Fancy practice skirt (if applicable)
- Water
- Small snack (no sticky things)

### **What can parents do to help?**

- We encourage you to record the work set on your phones / videos or camera. Please ask your Coach when a suitable time will be OK (usually the last 15 minutes of a class)  
This will help with practicing at home.
- We ask that parents DO NOT stay in the hall as the noise produced distracts the Coach & also the girls.  
The Coach will invite you to watch lessons throughout the year  
(Any parent will be permitted to stay in class if the child has separation anxiety or any other medical conditions).

## WHAT GOES ON THROUGHOUT THE YEAR?

### Monthly Meetings

All parents / Caregivers are invited to come along

7:00pm – 7:30pm Coaching reports on all teams

7:30pm – 8:00pm Open floor for ALL members

Please email the Secretary –

[seaviewcalisthenicscollege@gmail.com](mailto:seaviewcalisthenicscollege@gmail.com)

if you would like to place an item on the agenda.

8:00pm – 9:00pm Closed Meeting for Executive Committee

Meeting place will be announced each month

Check our private FB Page

### Competitions and Concerts

Are currently held at the Royalty Theatre.  
65 Angas Street, Adelaide.

- May Competitions (All sections with the exception of Tinies & Masters)
- July Concert (Mid-year display)
- July/August Competitions (All sections)
- September/October - Presentation

### Extra Practices

All teams (excluding Tinies) will have 2 Extra Practices closer to competitions & all teams will have 1 Royalty Theatre Practice

Every effort is made to make ALL practices at a reasonable time. Please understand that some dates & times are out of our control.

**FUN**  
**FITNESS**  
**FRIENDSHIP**

### Fund-raising

Throughout the year events are planned to raise funds for the college. Seaview Calisthenics College is a non - profit organisation therefore all funds that are raised go back into the college to benefit the girls. We ask that you support our events. This could be attendance and participation at the event or planning and organisation prior to the event.

### Newsletter

Newsletters are provided regularly to keep you informed of upcoming events, fund-raising activities, social functions, achievements, photos and any other general information. Our aim is to provide this to all families via email, however a paper copy can be provided if required.

### Executive Committee

Principal	Gail Lange
President	Renee Tresidder 0439 186 734
Vice President	Angella Fraser
Secretary	Cheryl McGill
Newsletters	Sage McGill
Treasurer	Renee Tresidder 0439 186 734
Fund-raising	Sage McGill Kim Flannigan Use Seaview email

Please feel free to contact any of the above people if you have any problems or concerns or alternatively you can email us



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**WELCOME**

**Singing DANCING Flexibility**

**Marching Apparatus**

**FUN**